



Curriculum Vitae, Ask Vest Christiansen, Associate Professor, PhD, MSc

Education	<p>2005: PhD. Faculty of Health Sciences, University of Southern Denmark</p> <p>2001: MSc. Sport and Health, Department of Sports Science and Clinical Biomechanics, University of Southern Denmark</p> <p>1998-99: Philosophy studies (1st, 2nd and 4th semester), Department of Philosophy, University of Southern Denmark</p> <p>1996 BSc. Sport and Health, Department of Sports Science and Clinical Biomechanics, University of Southern Denmark</p>
Employment	<p>2012-present: Associate Professor, Department of Public Health, Aarhus University.</p> <p>2010-2012: Associate Professor, Department of Sport Science, Aarhus University.</p> <p>2006-2010: Assistant Professor, Department of Sport Science, Aarhus University.</p> <p>2005-2006: Postdoc, Department of Sports Science and Clinical Biomechanics, University of Southern Denmark</p>
Administration and management experience	<p>2012-present: Head of Section for Sport Science, Department of Public Health, Aarhus University</p> <p>2012-present: Member of the Department Leadership Group, Department of Public Health, Aarhus University</p> <p>2020-2022: Leader of Technical Expert Group 1 (Doping in recreational sport) in FAIR+, EU Erasmus+ Project</p> <p>2017-2019: Leader of Technical Expert Group 1 (Doping in recreational sport) in the FAIR2, EU Erasmus+ Project</p> <p>2012-2020: Manager of The International Network of Doping Research, INDR, (in collaboration with Prof. John Gleaves, CSUF).</p>
Prizes/Awards	<p>2021: The Ministry of Culture's research award (The Julius Bomholt Prize). I received the award for my research into the use of performance enhancing drugs in gym culture.</p> <p>The Julius Bomholt Prize is the Danish Ministry of Culture's research award for the recognition and celebration of outstanding research within the Ministry of Culture's area of responsibility.</p>
Scientific focus area	<p>Drug use in elite sport and recreational sport. Sport ethics, Sport and gender. Athletes' experience, policy interventions, competitive environments.</p>

Methodology: Reflexive cultural analysis, qualitative interviews, surveys, qualitative methods.

**Invited talks
(selected)**

2024: [The Second Conference on Human Enhancement](#), Oxford University, England.

2024: [Danish Diabetes and Endocrine Academy: Sex Steroids Symposium](#) – Improving Treatment after Doping and in Transgender Persons, Odense, Denmark.

2024: Dutch National Olympic Committee Expert Meeting on Sex, Gender and Elite Sports, Rotterdam, The Netherlands

2023: [Symposium on Sport & Neutrality](#), Inland Norway University of Applied Sciences, Lillehammer, Norway.

2023: Fitnessdoping og Sunde Træningsmiljøer, Anti Doping Danmark, Copenhagen, Denmark.

2019: International Conference on Doping and Public Health, Copenhagen, Denmark.

2017: Lausanne workshop on doping in cycling, Lausanne, Switzerland

2017: International Conference on Doping and Public Health, Oslo, Norway

2016: New Drugs Seminars, Kent University, Canterbury, UK

2016: [Anabolic Steroids: Evidence and Engagement Conference, Liverpool John Moores University, UK](#)

2015: [International Olympic Academy, Seminar, Olympia, Greece](#)

2014: How Do We Prevent Drug Use in Sports? California State University, Fullerton, Los Angeles, California

2013, European Doping Conference, KU Leuven, Belgium

**Committees and
memberships**

2023-present: The Ministry of Culture's Research Committee ([Kulturministeriets Forskningsudvalg](#))

2015-present: [The Research Practice Committee](#) (Udvalget for ansvarlig forskningspraksis på Aarhus Universitet)

2023-present: Aarhus University [Committee for diversity and gender equality](#).

2022-present: [Gender Equality Committee](#), HE, AU

2013-14: Member of the High-Level Review Expert Group for The Study of Doping Prevention, European Commission.

Research and educational visits

2024-Jan: Erasmus+, Visiting Professor, Saarland University, Germany

2022-Jan: Visiting professor, California State University, Fullerton.

2016-Jan: Visiting professor, California State University, Fullerton.

2015-Jun: Invited lecturer, International Olympic Academy, Olympia, Greece.

2014-Jan-Apr: Visiting professor, California State University, Fullerton.

2003-Feb-Apr: PhD-stay abroad, University of Texas, Austin, Texas, USA, with co-supervisor [Professor John Hoberman](#).

1999-Sep-Dec: University of Bristol, Studies abroad, Department of Exercise & Health Sciences, University of Bristol, England.

Scientific Review

2020-present: Associate editor, of the journal [Performance Enhancement and Health](#)

2013-present: Member of the editorial board of the journal [Performance Enhancement and Health](#)

Co-editor of four special issues of the Elsevier journal: Performance Enhancement and Health ([2020](#), 2018, [2016](#), [2014](#)).

PhD committee work: External member of the evaluation committee:

- 1) Anne Sofie Lund Tannebek, Copenhagen University, Denmark (2024)
- 2) Rachel Cunningham, University of Lausanne, Switzerland (1 April 2020)
- 3) Geoff Bates, Liverpool John Moores University, UK (29 May 2019)

Chair for the evaluation committee of 5 PhD dissertations:

- 1) Maria Louise Gamborg, Aarhus University (2022)
- 2) Susanne Friis Søndergaard, Aarhus University (2017)
- 3) Rasmus Bysted Møller, Aarhus University (2012)
- 4) Solveig Skovmose Vinther, Aarhus University (2011)
- 5) Lise Joern, Aarhus University (2010)

2008-: reviewer on numerous articles in various peer reviewed journals

Postdoc and PhD supervision and PhD-teaching

Postdoc:

- 2017-2018: Azenildo Santos, Brazil
- 2015-2017: Dimitris Liokaftos, Greece (Marie Curie)

PhD students:

- Anusofia Schlawe, 2022-2025,
- Pia J. Heinsvig, 2020-2024
- Anders S. Vinther, 2019-2024
- Noora Ronkainen, 2013- 2015.

Master theses: approx. 50-60, Bachelor thesis: approx. 60-80

Teaching PhD courses

- 2015-present: (course leader) Responsible Conduct of Research, Health, Aarhus University.
- 2022: Evidence-Based Practices for Elite Sport, University of Jyväskylä, Finland.
- 2022, 2020: Qualitative Analysis in a Phenomenological study, Health, Aarhus University.
- 2017: PhD Course: 3rd annual symposium on physical activity and human performance, Science, Aalborg University

External funding Total: **DKK: 10,295,674.00**

For details, see enclosed document with Record of obtained funding

Highlighted publications

Christiansen, A. V. (2023). The Negligence of Biological Reality. *Journal of Olympic Studies*, 4(2), 20-30. <https://doi.org/10.5406/26396025.4.2.03>

Christiansen, A. V., Frenger, M., Chirico, A., & Pitsch, W. (2023). Recreational Athletes' Use of Performance-Enhancing Substances: Results from the First European Randomized Response Technique Survey. *Sports Medicine - Open*, 9(1), 17. <https://doi.org/10.1186/s40798-022-00548-2>

Christiansen, A. V. (2020). [Gym Culture, Identity and Performance-Enhancing Drugs: Tracing a typology of steroid use](#). Oxon & New York: Routledge.

Gleaves, J., & Christiansen, A. V. (2019). Athletes' perspectives on WADA and the code: a review and analysis. *International Journal of Sport Policy and Politics*, 11(2), 341-353. <https://doi.org/10.1080/19406940.2019.1577901>

Christiansen, A. V., Vinther, A. S., & Liokaftos, D. (2017). Outline of a typology of men's use of anabolic androgenic steroids in fitness and strength training environments. *Drugs: Education, Prevention and Policy*, 24(3), 295-305. <https://doi.org/10.1080/09687637.2016.1231173>

Christiansen, A. V. (2005). The legacy of Festina. *Patterns of Drug Use in European Cycling Since 1998*. *Sport in History*, 25(3), 497-514. <https://doi.org/10.1080/17460260500396384>

+ 100 publications. For the full list, see the enclosed Publication List, [and AU profile](#)

42 Peer reviewed publications, herof:

- 5 books
- 24 journal articles
- 13 book chapters

5 Textbooks chapters

12 Journal Commentaries & responses

12 Newspaper articles

31 Web articles
11 Book reviews

Organization of conferences and seminars

2019: Organizer of the 8th International INDR Conference “WADA 20 years – achievements, dilemmas and challenges”, in Aarhus, Denmark, 22-23 August (in collaboration with Dr John Gleaves, CSUF).

2017: Organizer of the 7th International INDR Conference “Doping in sport, doping in society – lessons, themes, and connections”, in Aarhus, Denmark, 24-25 August (in collaboration with Dr John Gleaves, CSUF).

2015: Organizer of the 6th International INHDR Conference “The Unintended Effects of Anti-Doping”, in Aarhus, Denmark, 27-28 August (in collaboration with Dr John Gleaves, CSUF).

2013: Organizer of the 5th International INHDR Conference: “What do we (really) know about doping?” in Aarhus, Denmark, 15-16 August (in collaboration with Dr John Gleaves, CSUF).

2008: Organizer: The fight against doping in fitness, Aarhus University.

2012-present: In charge of organising the yearly retreat/symposium for the staff at Section for Sport Science, Department of Public Health, Aarhus University
